



# 3A/4A 2024 All-League Cross Country

## Boys First Team

Name	School	Year	Time
Kade Brownell	Mt Spokane	Senior	15:20.21
Parker Westermann	Mt Spokane	Senior	15:21.09
Becks Bird	Shadle Park	Soph	15:37.31
Samuel Hilton	Cheney	Soph	15:37.88
Brody Graham	Lewis & Clark	Senior	15:40.50
Zach Frazier	Gonzaga Prep	Junior	15:47.14
Jovanny Lieb	Mead	Junior	15:47.24
Cameron Frenk	Cheney	Senior	15:50.01
Elijah Tobin	Lewis & Clark	Soph	15:50.69
Toby Meier	Lewis & Clark	Senior	15:52.32

## Girls First Team

Name	School	Year	Time
Jane Wycoff	Mt Spokane	Junior	18:21.82
Erin McMahon	Gonzaga Prep	Fresh	18:41.04
Claire Gee	Gonzaga Prep	Soph	18:41.65
Mackenzie Munn	Central Valley	Junior	18:49.70
Hannah Ward	Cheney	Senior	18:53.83
Ella Menard	Ferris	Junior	19:02.19
Kyla Roberts	University	Junior	19:02.74
Ainsley Bowen	Mt Spokane	Senior	19:06.39
Avery Parker	Mead	Soph	19:08.80
Amelia Carlson	Lewis & Clark	Junior	19:16.11

## Boys Second Team

Name	School	Year	Time
Harper Churape	Lewis & Clark	Senior	15:54.21
Stejer Franklin	Mead	Fresh	15:57.06
Holland Hurd	Cheney	Senior	15:59.91
Levi Aden	North Central	Junior	16:03.70
Brayden Martin	Cheney	Senior	16:04.20
Nathan Smith	Mt Spokane	Junior	16:05.54
Corbin Eiseman	Lewis & Clark	Junior	16:05.59

## Girls Second Team

Name	School	Year	Time
Bella Buckner	Gonzaga Prep	Soph	19:18.98
Makena Krauss	Gonzaga Prep	Junior	19:19.27
Mariah Denney	University	Soph	19:20.65
Brianna McKell	Mt Spokane	Junior	19:22.73
Addy Chaffins	Mead	Junior	19:26.36
Paige Huntsinger	Ridgeline	Senior	19:33.70
Adrienne Holden	Mead	Soph	19:38.15

## Boys 2-Mile Ambulatory First Team

Brycen Phillips	Mt Spokane	Soph	13:07.06
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## Girls 2-Mile Wheelchair First Team

Caitlin Shaffer	Cheney	Junior	16:47.88
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## Boys 2-Mile Unified

Dylan Schauble (athlete)	University	Junior	13:16.87 (First Team)
Brandon Vazquez (partner)			
Delivan Hedrick (athlete)	Mead	Soph	14:54.42 (Second Team)
Aaron Pooler (partner)			

### Coach of the Year

**Michael Lee**

Lewis & Clark

### Coach of the Year

**Todd Hawley**

University