



# 2024 3A/4A All-League Girls Track & Field

## First Team Selections

Event	Name	School	Year	Perf
100 Meters	Nevaeh Jones	Lewis & Clark	Junior	12.61
200 Meters	Preslie Young	Ridgeline	Senior	25.81
400 Meters	Natalie Wright	Gonzaga Prep	Fresh	57.96
800 Meters	Kyla Roberts	University	Soph	2:20.86
1600 Meters	Raegan Borg	Mead	Senior	5:04.88
3200 Meters	Raegan Borg	Mead	Senior	10:52.29
100m Hurdles	Natalie Richards	Cheney	Soph	16.28
300m Hurdles	Kayli Eastham	Mt Spokane	Soph	46.44
4x100 Relay	Olivia McIntyre, Hannah Boyum, Kaylin McMahan, Aylah Cornwall	Gonzaga Prep		49.49
4x200 Relay	Alexandra House, Emma Mostek, Preslie Young, Izzie Olson	Ridgeline		1:44.63
4x400 Relay	Natalie Wright, Jolina Olson, Teagan Rucker, Aylah Cornwall	Gonzaga Prep		4:04.62
Shot Put	Addy MacArthur	University	Junior	43'-4.75"
Discus	Addy MacArthur	University	Junior	143'-3"
Javelin	Mercedes Gilroy	Mead	Fresh	126'-5"
High Jump	Karolina Flanagan	Gonzaga Prep	Soph	5'-3"
Pole Vault	Dezlyn Lundquist	Mead	Junior	11'-6"
Long Jump	Aylah Cornwall	Gonzaga Prep	Fresh	17'-4.75"
Triple Jump	Aylah Cornwall	Gonzaga Prep	Fresh	36'-6.75"

## Second Team Selections

100 Meters	Preslie Young	Ridgeline	Senior	12.69
200 Meters	Nevaeh Jones	Lewis & Clark	Junior	26.21
400 Meters	Halle Mendenhall	Central Valley	Soph	59.98
800 Meters	Raegan Borg	Mead	Senior	2:21.11
1600 Meters	Katie Lubbe	Lewis & Clark	Junior	5:13.27
3200 Meters	Charlotte Cullen	Mead	Senior	11:14.34
100m Hurdles	Davina Kostecka	Central Valley	Junior	16.35
300m Hurdles	Teryn Gardner	Mead	Senior	48.04
4x100 Relay	Cora Murray, Makenna Ritter, Kayli Eastham, Laine Gardner	Mt Spokane		50.11
4x200 Relay	Aylah Cornwall, Kaylin McMahan, Hannah Boyum, Olivia McIntyre	Gonzaga Prep		1:44.66
4x400 Relay	Madelyn Hutylar, Emma Mostek, Preslie Young, Izzie Olson	Ridgeline		4:06.19
Shot Put	Cale Stinebaugh	Ferris	Junior	37'-4"
Discus	Clara Browne	Cheney	Senior	131'-2"
Javelin	Joy Assonken	Cheney	Senior	123'-1"
High Jump	Katherine Evans	Lewis & Clark	Senior	5'-2"
Pole Vault	Brooklyn Lawrence	North Central	Junior	10'-7"
Long Jump	Hala Streufert-Greene	Lewis & Clark	Junior	17'-4"
Triple Jump	Ella Brinkman	Ferris	Junior	35'-6"

### SPRINTER OF THE YEAR

Preslie Young, Ridgeline

### DISTANCE RUNNER OF THE YEAR

Raegan Borg, Mead

### THROWER OF THE YEAR

Addy MacArthur, University

### COACH OF THE YEAR

Todd Hawley, University

### HURDLER OF THE YEAR

Kayli Eastham, Mt Spokane

### JUMPER OF THE YEAR

Aylah Cornwall, Gonzaga Prep