2023 3A/4A All-League Football



Most Valuable Players

Landon Garner

Offense | Ridgeline | Junior

Deakon Sell

Defense | Ridgeline | Senior

Boden Gardner

All Purpose | Mt Spokane | Senior

First Team — Offense

Name	School	Pos	Year
TJ Haberman	Mt. Spokane	Quarterback	Senior
Matteo Saccomanno	Mt. Spokane	Running Back	Senior
Jonah Keller	Gonzaga Prep	Running Back	Soph
Kordell Laher	Cheney	Wide Receiver	Senior
Brayden Allen	Ridgeline	Wide Receiver	Junior
Easton Amend	Ridgeline	Wide Receiver	Senior
Rip Sherwood	Lewis & Clark	Offensive Line	Senior
Lance Airey	Mt. Spokane	Offensive Line	Junior
Peyton Day	Mt. Spokane	Offensive Line	Junior
Chris Houndonougbo	Cheney	Offensive Line	Senior
Hunter Derr	Gonzaga Prep	Offensive Line	Senior
Markus Fetcho	Mead	Offensive Line	Junior
Matthew Herzog	Gonzaga Prep	Kicker	Senior

Second Team — Offense

Name	School	Position	Year
Jack Paridon	Lewis & Clark	Quarterback	Senior
Danner Smith	Central Valley	Running Back	Senior
Keegan Mallon	Mead	Running Back	Junior
Tristan Olson	Mt. Spokane	Wide Receiver	Senior
Isaiah Docken	Gonzaga Prep	Wide Receiver	Soph
Fareed Lawal	Ferris	Wide Receiver	Senior
Miles Rhea	Lewis & Clark	Offensive Line	Senior
Daden Lewis	Ridgeline	Offensive Line	Junior
Preston Wentling	Ridgeline	Offensive Line	Junior
Colm McFetridge	Gonzaga Prep	Offensive Line	Senior
Brandon Moore	University	Offensive Line	Senior
Vance Gustafson	Mead	Offensive Line	Junior
Tyler Bissell	Central Valley	Kicker	Soph

Coaches of the Year

Dave McKenna

Head | Gonzaga Prep

Jamie FitzGerald

Assistant | Ridgeline

Brian Patterson

Freshman | Mead

First Team — Defense

Name Spencer Dery Mario Rivera Waylon Romero Jacob Hendrix Nico Peña Ben Joireman Neal Virk Braeden Harvey Kimoni Davis Landen Quesnell Ryan Jackson Caleb Wolcott Matthew Herzog

Second Team — Defense

Name Skylar Harty Aidan Patterson Tommy Camp Dylan McCain Dallas Parrish Michael Mann Alex Hubbard Madden Raab Beau Butner Ryen Borchers Romin Saleki Jonah Terry Ryan Koppenhaver School Mt. Spokane Gonzaga Prep University Mead Ridgeline Mt. Spokane Gonzaga Prep Mead Central Valley Ridgeline Gonzaga Prep University Gonzaga Prep

Position Year **Defensive Line** Senior Defensive Line Junior Defensive Line Senior Defensive Line Senior Linebacker Senior Linebacker Senior Linebacker Senior Linebacker Junior Defensive Back Senior Defensive Back Senior Defensive Back Senior Defensive Back Senior Punter Senior

School Position Year Central Valley Defensive Line Soph Lewis & Clark Defensive Line Senior Gonzaga Prep Defensive Line Senior Ferris Defensive Line Senior Central Valley Linebacker Junior Lewis & Clark Linebacker Junior Cheney Linebacker Senior Mead Linebacker Senior Central Valley Defensive Back Junior Mt. Spokane Defensive Back Senior Lewis & Clark Defensive Back Junior Defensive Back Junior Ferris Ridgeline Punter Senior