



2019 All-League Volleyball

First Team Selections

Name	School	Position	Year
Castan Sturm	Mead	Libero	Senior
Teila Allen	Mt. Spokane	S/OH	Soph
Lauren Fleury	University	Outside Hitter	Senior
Olivia Schwartz	Ferris	Outside Hitter	Senior
Maline Ama	Mt. Spokane	Outside Hitter	Senior
Kristah Tiffany	University	Outside Hitter	Senior
Allie Flynn	Mead	Setter	Senior
Jacyn Bamis	Gonzaga Prep	Middle Blocker	Junior
Kendall Buries	Mead	Middle Blocker	Senior

Second Team Selections

Name	School	Position	Year
Taylor Miche'	Mt. Spokane	Libero	Junior
Bridget Todd	North Central	Libero	Soph
Aiyana Henderson	Ferris	Outside Hitter	Senior
Hannah Wood	Gonzaga Prep	MB/OH	Senior
Sophia Bertotti-Metoyer	Mt. Spokane	MB/RS	Senior
Joliana Poplawski	University	Setter	Senior
Katarina Kenlein	Lewis & Clark	Setter	Junior
Olivia Minnick	Central Valley	Setter	Senior
Abby Newcomb	Mt. Spokane	Middle Blocker	Senior
Kate Hufnagel	Lewis & Clark	Middle	Senior

Most Valuable Player

Tia Allen

Mt. Spokane | Junior | Outside Hitter

Co-Coaches of the Year

Whitney Abell

North Central

Dave Whitehead

Mt. Spokane

Buzzie Welch

Sportsmanship Award

Teagan Webster

Shadle Park

League Champion

Mt. Spokane

9-0 GSL record