



2019 All-League Cross Country

Times shown are based on the 2019 District 8 Championship times

Girls First Team

Name	School	Year	Time
Allie Janke	North Central	Junior	17:42
Erinn Hill	North Central	Senior	17:58
Amelu Ruff	North Central	Senior	18:09
Aayiana Fuller	University	Senior	18:22
Marie Taylor	North Central	Senior	18:23
Mia Hill	North Central	Senior	19:15
Ila Davis	Lewis & Clark	Senior	19:17
Bridget Burnes	Lewis & Clark	Fresh	19:24
Tate Nelson	Lewis & Clark	Senior	19:25
Alanna Parker	Mead	Soph	19:27

Boys First Team

Name	School	Year	Time
William Smith	Lewis & Clark	Senior	15:26
Tyler Hunter	Central Valley	Senior	15:33
Jacob Easton	University	Senior	15:39
Daniel Lee	Rogers	Junior	15:40
Patrick North	Lewis & Clark	Senior	15:44
Leif Swanson	North Central	Junior	15:49
Nathan Carter	North Central	Senior	15:50
Caleb Lloyd	Mead	Senior	15:56
Isaac Morris	North Central	Senior	15:55
Danny Maxwell	Lewis & Clark	Senior	15:57

Girls Second Team

Name	School	Year	Time
Sarah Pecha	Central Valley	Junior	19:31
Alexis Parker	Mead	Soph	19:36
Kylee Shakespeare	Central Valley	Soph	19:36
Annalise Toillion	Ferris	Soph	19:39
Nichole Bissell	Central Valley	Fresh	19:48
Alice Groza	Lewis & Clark	Soph	19:48
Madison Lee	North Central	Junior	19:49
Lindsay Butler	Lewis & Clark	Senior	19:49

Boys Second Team

Name	School	Year	Time
Alex Wright	Central Valley	Junior	16:03
Caleb Kartchner	Central Valley	Junior	16:04
Lukas Brown	Mt. Spokane	Senior	16:04
Sam Anderson	Gonzaga Prep	Senior	16:09
AJ Paulson	Mead	Senior	16:10
Issak Choi	Rogers	Senior	16:15
Jake Carr	Mt. Spokane	Senior	16:18

Girls Honorable Mention

Name	School	Year	Time
Audrey Thronson	Lewis & Clark	Soph	19:59
Jenny Bissell	Central Valley	Senior	20:03
Kendall Carter	North Central	Fresh	20:05
Naomi Butler	Lewis & Clark	Junior	20:05
Alivia Mulligan	Central Valley	Senior	20:07
Savannah Pratt	Central Valley	Junior	20:15
Taylor Schillinger	University	Soph	20:27

Boys Honorable Mention

Name	School	Year	Time
Jonas Bears	Gonzaga Prep	Senior	16:20
Elijah Roberts	Rogers	Senior	16:22
Ben Sonneland	Mt. Spokane	Fresh	16:23
Jakob Trantum	Rogers	Senior	16:24
Joseph Brantley	Rogers	Senior	16:27
Zach Kness	North Central	Soph	16:29
Jacob McIntyre	Gonzaga Prep	Junior	16:30

Coach of the Year

Dempsey Ortega North Central

Coach of the Year

Ken Bell Rogers

Lifetime Contribution Award

Herm Caviness

In recognition of Herm's contribution to the GSL & cross country community over the past 50+ years.